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MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Elementary school will continue in cohort groups upon return. High school will attend daily. *Masks will still be required to wear in the schools.</p>	<p>March is spring into action month! Try complete one physical activity daily. Follow the calendar or complete your own!</p>	<p>1 Group A</p> <p>YOGA</p>	<p>2 Group B</p> <p>DANCE</p>	<p>3 Group A</p> <p>GO FOR A WALK</p>	<p>4 Group B</p> <p>LIMBO</p>	5
6	<p>7 Group A</p> <p>BED SHEET PARACHUTE</p>	<p>8 Group B</p> <p>ELECTRONICS HIDE & SEEK</p>	<p>9 Group A</p> <p>10 JUMPING JACKS 10 PUSH UPS x3</p>	<p>10 Group B</p> <p>HAVE A RACE</p>	<p>11 Group A</p> <p>CLEAN YOUR ROOM</p>	12
13	<p>14 Group B</p> <p>PLAY OUTSIDE</p>	<p>15 Group A</p> <p>READ & MOVE</p>	<p>16 Group B</p> <p>TOSS A FRISBEE</p>	<p>17 Group A</p> <p>Happy St. Patrick's Day</p>	<p>18 Group B</p> <p>TRY 5 STRETCHES</p>	19
<p>20</p> <p>HAPPY First Day of Spring!</p>	<p>21 Group A</p> <p>PLANK PRACTICE</p>	<p>22 Group B</p> <p>5 CHORES</p>	<p>23 Group A</p> <p>Dance Party</p>	<p>24 Group B</p> <p>BALANCE PRACTICE</p>	<p>25</p> <p>PD DAY</p> <p>No School for Students</p>	26
27	<p>28 Group A</p> <p>Workout of your choice</p>	<p>29 Group B</p> <p>PLAY CATCH</p>	<p>30 Group A</p> <p>REPORT CARDS</p> <p>HIDE & SEEK</p>	<p>31 Group B</p> <p>REPORT CARDS</p> <p>HELP A FAMILY MEMBER</p>	<p>SPRING INTO ACTION!</p>	