

Chief Paskwa Eagle Post

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In this Issue:

Introductions of our

CPEC TEAM

- ⇒ Administration Team
- ⇒ Educational Assistants
- ⇒ Teachers







Announcements

- Due to COVID-19, CPEC is closed to the public. We are following the Pandemic Plan set up by Pasqua First Nation and will re-evaluate on a month-by-month basis, whether we can re-open the doors for our CPEC students.
- We launched our Virtual Learning and Google Classrooms.
 We apologize for the slow process but we are working out all the bugs with the system. Thanks to our new Computer Technician, Ron Holtby.
- Do not hesitate to call, email, text or inbox if you are needing any assistance with the virtual learning. Please be patient with us, we understand the frustration of learning new things
- Each family was assigned a CHROMEBOOK with WIFI device. Our goal is to give each student one, they are on back order.
- Each student was given an email and password to sign in the CHROMEBOOKS. If you have not received yours or misplaced them just contact the school and they will give you the information you need.
 - Emails are firstname.lastname@pasquaeducation.ca
- Check out our new website, and email us any time, (Please note our new email address).
- Our monthly newsletter will change to every quarter (which is every 3 months) and will be available to view on the website along with our monthly calendar!
- We are excited to start a new year with new learning opportunities!
- Please be safe, wear a mask, always sanitize or wash your hands. We are all in this together.

Introduction Newsletter 2020

Administration Team Updates



Christina Johns Letter from Our Prinipal

Anin Sikwa Parents and Guardians,

Hello! I would like to introduce myself as Christina Johns, Principal of C.P.E.C. I am starting my 4th year in this position and my 29th year in the education field. I am pleased and humbled to be back to help guide staff, students and families through these unprecedented times as we head back to school. This past few months have been troubling for all of us as we make adjustments to our lives through the pandemic. I am proud to be a member of Pasqua First Nation who is leading the charge and taking extra precautions for keeping not only our Nation, but our schools safe! We have a few new staff members and lots of new procedures that we will introduce to you. I am pleased and excited to continue on this learning journey along with you. Together we can get through this!



Our Education Director is Maureen Johns Cell: (306) 570-7741 Office: (306) 332-5697 Email: maureen.johns@pasquaeducation.com



Annie Cyr Administration Assistant

Hi, my name is Annie Cyr. I have been working with CPEC for 5 years. I love learning new things, organizing and creating paperwork. "There's just something about completing a task and showing your work for it" I am so excited to start a new year! I am extremely proud to be a part of CPEC and also love to assist the Administration Team. They have given me opportunities to learn and expand my knowledge in the office administration area. Look forward to working with the families of CPEC. Hope you all have a great yearn& don't forget to think positive, be positive and be open to learn new things!





Jason Desjarlais Letter from Our Vice-Principal





Greetings CPEC families. My name is Jason Desjarlais. I'm the vice principal at CPEC and I teach grade 10 and grade 12 English. I have been teaching for 23 years, all across this province, with my last position at Scott Collegiate in the Mâmawêyatitân Centre in Regina. This is my second year out at CPEC and I love it! I am a citizen of Cowessess First Nation with fiery, ginger hair. Crazy, I know! My wife Victoria and I, live in Regina with our two dogs, Vader and Skye. Yes, I'm a fan of Star Wars. We have two grandchildren, who we love to spoil rotten! When I'm not teaching the fine students out at CPEC, I can be found running around Wascana Lake, reading comic books, playing Call of Duty Warzone, walking our dogs or watching great tv shows like Vikings and The Big Bang Theory. Now, this is a school year like no other. It isn't ideal but we will make the best of it, until this temporary disturbance in our lives is over. And that's how I like to look at COVID. It won't be around forever. History has shown us that all pandemics come to an end and this one will be no different. Be rest assured, the teaching staff at CPEC is doing everything they can to make this school year as successful as possible for your children. Will there be bumps along the way? Of course, but the great thing about it, is we will get through this together. Thank you for your support and allowing me the honour, to be a small part in your child's education. Meegwetch.

Meet Our Educational Assistants



Hi I'm Stephanie Agecoutay, I am a member of Pasqua First Nation. I enjoy spending time with my daughter and partner and doing family things on the weekends. I have worked with the Chief Paskwa Education Centre as an Education Assistant since August 2019. I am looking forward to the up coming year and seeing all the children when they do return to school.



Boozhoo Anin, my name is Kevin Francis, I am from the Long Plain First Nation which is located in Southern Manitoba. I have been an Educational Assistant for nearly two years at Chief Paskwa Education Center. During my spare time, I like to bead, game out on Red Dead Redemption (PS4) and I like to walk/jog on my treadmill. I also really enjoy watching Highway Thru Hell on Discovery, Mountain Men on History and documentaries on NETFLIX. I like travelling to powwows during the summer, but due to COVID this powwow season was brought to a halt. I cannot wait to until powwow season 202021 as it will be an exciting one. During this unprecedent time, I believe that this school year will be a unique and interesting one.





Tansi

I would like to take this time to welcome back all students and staff. Although these times are uncertain, we know Chief Paskwa Education Center is trying to make this school year as productive and successful as possible.

I am happy to say that I am a returning educational assistant for the forth year. I have become intrigued in helping the students become successful in their studies because they are the future of our First Nation. I have worked with the primary grades right up the high-school students and I have learnt from them as well. It is really nice to get to know the students and their families, I can say I have become to care for the people of Pasqua First Nation. Through out the years of working here, I wondered how I can become more productive and be more of a good role model that will allow me to be more engaged within the school, the students and the community, I too have re-started on the educational journey. This is a way, I thought, I can contribute more to the students but also the staff.

I am grateful for where I am today. Thank you and I wish you all the best during this school year and many more.



Tansi, Skylar Bear Nisiykson (my name is), I am from Ochapowace First Nation and I love long walks on reserve roads. This is my 2nd year at CPEC as an E.A, I enjoy working with youth and looking forward to meeting new faces and seeing the old students return to school.

Meet Our Educational Assistants





Allison Keepness Education Assistant

My name is Allison Keepness, this is my fifth year at CPEC. I will be Mr. Cook's EA and also helping high school. I've missed all your smiling faces! I hope you have all had a good break and ready to come back to school. Looking forward to a new approach to teaching/learning. Have a great year!





Hello,

My name is Amanda Ironstar-Goodwill. I am from OceanMan First Nation but I reside in Fort Qu'Appelle. For this school year I will be the Grade 1 EA for Ms. Twyla Saulteaux and I am looking forward to what ever this school year brings. I hope everyone has been safe, healthy, and happy.





Education Assistant

Hello My name is Deidre Missens I will be working with Ms. Danielle Desjardins the kindergarten teacher. I have been working at the school since it opened up at the band hall and when it moved into the new building it is wonderful to see the students learn and grow I am looking forward to another school year!











Hello, my name is Marie Peigan. I'm a EA in Pre-Kindergarten. I have been working at CPEC for 7 year, and went for my EA certificate training in 2017. I enjoy work with the children, and I really love seeing them learn and knowing they are learning.





My name is William Thorn, this will be my 6th year as an Educational Assistant here at Chief Paskwa Education Center. I will be proceeding in the safest possible manner throughout this Covid-19 pandemic. I will be using the required PPE (personal protective equipment) and adapt to the changes that may occur throughout the school year. I thank and respect the community members and am grateful to be here again to assist the students of Chief Paskwa Education Center to the best of my ability. Stay safe, wash your hands, keep fit. ahkameyimok (keep trying - cree)

Elementary Classroom Updates





Nadine Ottenbreit Pre-Kindergarten

I graduated from the SUNTEP (Saskatchewan Urban Native Teacher Education Program) with a Bachelor of Education. I have worked with the Regina Public Schools for the past 10 years as both a teacher and substitute teacher. I am committed to incorporating Aboriginal content in the classroom. I have taught Metis jigging classes in the schools as well as a variety of Aboriginal content in both Art and History. I enjoy watching movies, being outdoors, listening to music and going for walks or hikes. I'm a mom of 4, Métis and passionate about teaching. I am excited for my first year at CPEC and all of the adventures we will have!





Danielle Desjardins Kindergarten

Hello! Anin! Tansi!

My name is Danielle Desjardins and I am the Kindergarten teacher for the 2020/2021 school year. This is my third year teaching Kindergarten at CPEC and I love being a part of this community. I grew up in La Ronge, Saskatchewan and moved to Regina when I was a teenager. I completed my B.Ed. at the U of R and moved overseas to teach at International Schools in Asia. I returned to Canada in 2014 to complete my M.Ed. from UBC. In my 20+ years career I have taught Gr. 3, Gr. 1, PreK, Kindergarten, and ESL. I am passionate about Indigenous landbased learning, and strive to implement more into my teaching. I look forward to working with you and your child this year!







Greetings to the Community of Pasqua First Nation. My name is Twyla Saulteaux and I am from Carry The Kettle Nakoda Nation. I am married and have two handsome adult boys and a mischievous puppy.

My Education consists of 16 years of teaching, 3 years administration and 3 years as an Early Years Coordinator. My teaching career began 22 years ago as a Pre-k/K Teacher in the Pasqua Band Hall School and I am honoured to return to the community as the Grade One Teacher for the 2020-2021 School year.

I look forward to meeting the Grade One students and I am so excited to reconnect with all the families. Whether the Students are learning from home or in school, it is going to be a new learning experience for everyone. But together as students, parents, teachers and community we will be creative in meeting the needs of all the Students at CPEC and now more than ever, it is going to take a community to raise/teach a child.





Nicole Peigan
Grade 2 Class

Hello Parents and Guardians!

After a long time away from school it feels great to be writing for the CPEC newsletter again. For those of you who may not know me, my name Nicole Peigan and I am excited to be teaching grade 2 this year at CPEC. This will be my third year at the school and second year in the grade 2 classroom. I am expecting a baby at the end of January 2021, and therefore will be teaching in the classroom until Christmas break. It's been a crazy few months in our world and I look forward to seeing the kids again, as well as learning how to teach online. I look forward to learning together as class and as school into what I hope will be a great year for all of us.

Elementary Classroom Updates



Anin Parents/Guardian, I hope you all have been doing well. It has been a crazy year so far but I am so very

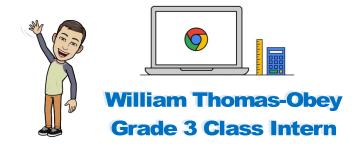
excited to be back in the classroom again. This will be my 3rd year teaching at CPEC and I will be teaching the Grade 3's. I look forward to seeing all the kids again, as well as learning how to teach online. Additionally, the grade 3 classroom will be joined by an intern, William Thomas-Obey. I am thrilled to have him work along side me for the next few months, as he will make a wonderful addition to the CPEC team.





Hi Everybody,

My name is Brittany Johns and I am a member of Pasqua First Nation. This is my 2nd year teaching at C.P.E.C, and I have been teaching for 11 years. This year is going to be something new for all of us. I am excited to see my new class of students, either in the classroom or on a computer screen. This year will come with a few challenges but I know we can help each other through each new day. I know I am having mixed emotions about what the rest of this year will bring and I am hoping my students know that they are coming in to a safe, clean and welcoming environment. I look forward to starting this new year.



Tânsi kahkiyaw William Thomas-Obey nitisiyihkâson êkwa paskwa First Nation ohci niya êkwa paskwa First Nation niwîkin mêkwâc. okiskinwahamâkan ôma niya ôta kihci-kiskinwahamâtowikamikohk. Hello everyone, my name is William Thomas-Obey I am from Pasqua First Nation, and I currently live in Pasqua First Nation right now. I am a student at the First Nations University of Regina studying Indigenous Education. I am doing my internship here at CPEC in the grade 3 classroom with Chasity Peigan. I look forward to having this experience and working alongside our youth and community in person and online. kinanâskomitin. Thank you.





"Sorry about the mess, but we are learning here..." - unknown



Elementary Classroom Updates





Shawna McNab Grade 5 Class

Hello and Welcome to (2020-2021) school year! My name is Shawna McNab and I am from Gordon First Nation. I will be teaching Grade 5 and I am very excited to begin this new journey. This will be my 9th year of teaching and I am happy to say that this is my 7th year that I have been here at CPEC. Thank you for entrusting me with the awesome privilege of being your child's teacher. I respect and appreciate any apprehension you may have as we begin a new school year full of challenges and unknowns due to Covid-19. If you have any questions or concerns, please do not hesitate to contact me. I look forward to getting back to teaching whether we share a classroom or we are learning together remotely. In addition to achieving academic excellence, one of my goals is to help your child be better equipped to face life's challenges with compassion and kindness. I am grateful to be part of The CPEC Family and I know we will have a fantastic year.





Anin!

This is Helen Cyr, the Grade 6 Teacher. I am looking forward to the 2020-2021 school year with great anticipation. It has been a trying experience since March 15 not to be able to be in contact with the students. Therefore it will be exciting and a learning experience to be able to communicate with the students once again.









Anin!

I hope all families have been healthy!
My name is Mrs. Nellie Goodwill. I am from the Little
Pine First Nation but live on Standing Buffalo First
Nation. This is my 6th year teaching at CPEC. I am
the Grade 7 teacher this year! It's great to be back
again! We will be having Mr. Kevin
Francis as our classroom EA this year. I am excited to
start the new school year whether it's in class or
virtual. This will definitely be a new learning
experience for all those involved with virtual
learning, myself included. I am positive
everything will work out because we are all in this
together. Teamwork is key to success!



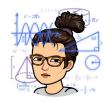
Tansi!

Let me introduce myself, my name is Micheal Cook and I will be the Grade 8 homeroom Teacher. This will be my sixth year back teaching at CPEC. I hope students are excited returning back to school or learning from a screen. Who knows what school year 2020–21 would look like? Here we are, about to begin a brand new very different type of schooling, the kind that most of us who teach did not sign up for, remote learning. Our school year might no longer be in a building or a place, but rather an online gathering of names on a screen. Regardless how the school year might look like, we will overcome any obstacles!





High School Updates





Sonja Tourangeau High School Teacher

I am back, but I am not the Math Interventionist this year and to help in a different capacity!!! Yes!!! There are changes in our lives but all in all we are safe in each other's care. Love has its final move! In the words of Chris Rice... It makes me sad to think (of what we've all been through; we all have a story to tell). And it made me sing of what I believe... Finding our way around the galaxy. And paradise is up and flown away for now and hope still breeds truth and just when we think its almost over... Love has the final move... It indeed has the final move! Love has the final move.... We take the time to care about each other's safety and their loved ones... We will all do our part and Love each other.... To keep our cohorts together and no pull outs.... We have decided to go into the classroom. I am now the Grade 9 teacher. I am so grateful to be back and in such a wonderful Community!!! See you all soon!



Sophie Littlechief-Carteri High School Teacher

Sophie Littlechief-Carteri

Tansi! My name is Sophie Littlechief-Carteri and I am so excited to be teaching in the high school this year. I am half Cree and Nakota from White Bear First Nation and I want to take this opportunity to thank you for welcoming me into your community. I was an Educational Assistant for almost 12 years and have been a teacher for 8 years. I am currently taking my Masters in Educational Psychology at the University of Regina. I have a wonderful husband, two children (aged 14 and 12), and a rescue dog named Kona. I am an avid horsewoman and have been riding horses for 30 years. I currently own an off the track thoroughbred called Mac. He can be a handful at times, but he is also a lovely teacher and partner. Lastly, I love camping and spending time on the land. If I could live in the forest, I definitely would! :) I can't wait to meet you!

"Stay Connected Challenge"

Team Bear - 27 Students
Team Sabe - 29 Students
Team Wolf - 31 Students

Team Eagle - 30 Students
Team Beaver - 28 Students
Team Buffalo - 31 Students

Team Turde - 27 Students

High School Updates



Ann Margaret Obey High School Teacher

Welcome to another school year 2020-2021! I'm so excited to be back at the high school. I had a fantastic summer with my family. We mostly stayed home but we found things to do and spent a lot of time at our beautiful beach.

It is my goal that every student has a successful year at CPEC HS, learning and achieving to his or her full potential. In order to help achieve success for your son/daughter, communication between you and me is essential. There are many ways we can facilitate this communication.

First, the website contains all information for the courses I teach:

Term 1(Oct. 1-Dec. 22)

- Health Science 20
- Native Studies 30
- Native Studies 10

Term 2(Jan.4-March 26)

- Psychology 20
- Native Studies 10
- English Language Arts 20

Term 3(March29- June 29)

- Environmental Science 20
- Food Studies 10/30

I post a class schedules, copies of hand-outs, updated marks, due dates, etc. to the course website. Please go to amobey.weebly.com at any time for updated course information.

For specific questions about your son/daughter, e-mail is the fastest, most immediate form of communication. Please contact me by e-mail at amobey@gmail.com if you have any concerns/ questions. Please send your e-mail/phone numbers to help me reach you if necessary.

I send reminders about assignments/HW/due dates/ etc. to students for my classes via email, text, website etc. Personal information such as phone numbers are never shared.

I look forward to another year and can't wait until we are all back in body at school, until then stay safe and see you soon.





Winter Sie-Hilland High School Teacher

Here we go!

Hello, I am Winter Sie-Hilland and I teach high school sciences and mathematics, mostly. The students call me Mme Winter (Madame Winter, respecting my French roots) or Miss Winter. I am also the grade 12 homeroom teacher. I miss my students. Please know that this online learning is a challenge for all of us. The pressure on teachers and the expectations for students are huge challenges! This is going to be a learning curve as students take responsibility for their own learning and managing deadlines as well as managing study at home, with siblings and family looking over their shoulders. I know it will be hard. I know it will be complicated. We will do this together! I will support my students to help them succeed in their learning goals. I hope to take students out on the land to learn regularly. If a student is in one of my classes. I will communicate with them directly and we will work out how that will work based on transportation and other class schedules.

My website is www.wintersiehilland.com and my email is wintersiehilland@gmail.com. Please, contact me as you need. There are no dumb questions! If you are thinking it, you are probably not alone.

Together we are stronger, smarter and fiercer than we are alone. I look forward to learning with you all and teaching my students in this challenging year. Stay strong, stay safe! Lets do this together!



Support Staff Updates



Ānīn šikwa kīn!

Denise Kennedy Nitišinihkās, Paskwa Iškonakanink nitoncī. Nicīhkentam omā ayayin! It is a new and interesting year, full of different ways of living, learning and awareness. I am excited to be back in the school, it has been such a long haul since we last been in the school, I have missed my classroom, and I certainly miss the students. I can't wait to see the students, whether they be in our classrooms or virtually. My hope is that things that can go back to normal soon, but it is better to be safe than sorry, and we just have to work with what we have and make the best out of it. This year will be filled with new learning curves for both myself and my students. My usual way of teaching will have to change a bit, due to social distancing and making it as safe as possible for my students and fellow colleagues. Either way, we will learn, we will flourish and we will be resilient in all that we do... I can't wait to get this year rolling. Kika wapamin minawa



Hello! My name is Lisa Cyr, Stay In School Coordinator for Pasqua First Nation. My job title has changed recently to Student Success Coach. I will be working primarily with Grades 7-12. I am no longer looking after transportation (bussing) in this new position, some things have changed and some things will remain the same. Should you have any questions please feel free to contact me at 306-332-1588. I'm looking forward to seeing all the happy faces on our first day back!



Tansi students, parents and community members, I would like to say I am very happy to return to Chief Paskwa Education Center for the 2020/21 school year. I am returning in the physical education department, which is very difficult to do through virtual and online learning, but we will be sending home a package on games, nutrition and fitness ideas students can do while at home. In addition, I will be teaching math 10 and 20, workplace and apprenticeship math and wellness 10, 20 and 30 program in the high school. I look forward to attempting to adapt to the new learning through online and hope to see and speak with everyone this month! Have a great day and year Pelicans!



Hello Everyone!

It is so nice to be back at CPEC. I am so excited to see everyone and I am so excited to teach. It has been a long time. I hope everyone is healthy and ready to learn. School everywhere for everyone is a little bit different. At CPEC it is also going to be a little bit different too but don't worry we will figure out everything together. Until we start school remember to continue to practice using your mask and washing your hands. These are definitely things we will be doing at school to keep you safe and to help prevent everyone from getting





Hi my name is Shelley Missens. I will be the school nutritionist. This is my first year. I am super excited and cant wait to get this school year started. Stay Safe!